

See, I am bringing you good *tidings* of great joy for all the people...Luke 2:10



# TIDINGS

Volume 19 issue 10

October 2019

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points of  
interest:

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When elephants in captivity are young, their handlers tie a small rope (or thin chain) around their leg. The rope is tied on the other end to a stake driven into the ground. They are young, not fully developed, and are unable to break free from this restraint.

As they grow into maturity, the stake and the rope stay the same size. By the time they are adults, they have "learned" that when the rope or chain is around their leg, they can't move very far; they are captive. They stop trying to break the rope, and are resigned to being held in place. African elephants can grow to be as large as 14,000 lbs. With their trunk alone, they can lift over 600lbs. It would be nothing for an elephant to break that small rope or pull up the stake, but they have "learned" that they cannot.

Philippians 4: 13 I can do all things through Christ who strengthens me. As people we have often "learned" that we cannot do something. Maybe in your life someone told you that you were slow, or weak, or not smart enough, and you internalized it. Maybe society's "norms" have spoken to you and said you are unfit for the dream job you want. Maybe someone hurt you, and you don't think you can love again, or that you deserve love. The promise of God is that no matter what obstacle stands in our path, Christ who love us gives strength to our bodies, our minds and our Spirits. Through faith, God makes us powerful in the face of all oppression, and all adversity. Sometimes it's us whom we need to overcome. We allow ourselves to believe that we are "not enough" when we are everything we need to be and so much more. You can do ALL THINGS, that's the promise of God's word, now you just need to believe it!

Grace and Peace to you all!

*Pastor David J. Martin*

## Halloween "Bring a Friend" Sunday is Sunday, October 27

All Sunday School children and youth who bring a friend to church will receive a prize!

Dress up in your favorite Halloween costume!

\*\*Anyone may dress up!! Prize for the best costume!!



**\*We will be doing Trunk or Treat for the kids after Worship service in our church parking lot (depending on the weather)!\***

**Sign up in the Memorial Room.**

### Office Hours

Pastor Dave

Monday & Tuesday

8:00-5:00ish

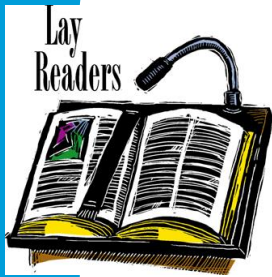
Office Manger Makayla

Monday & Thursday

9:00-12:00

# LITURGISTS

# USHERS



## October

- 6th TBD
- 13th TBD
- 20th TBD
- 27th TBD

We welcome anyone interested in serving as a liturgist to contact Barbie Turley.

Responsibilities of the liturgist: lead responsive readings, read the scripture lesson, and assist with communion if assigned on the first Sunday of the month.

## Ushers Needed!

Responsibilities include: Welcoming Members and Visitors at the door, Handing out bulletins, Record a count of attendance, Collect the offering, and guide people to the altar on Communion Sundays.

*Please prayerfully consider this important ministry!*

If you have any questions please speak with **Roger Edinger**



Sign up in the Memorial Room

## Responsibilities of Ushers:

Welcome members and visitors at the door, hand out bulletins, count attendees, collect the offering, and direct people to the altar table on Communion Sunday. Be available to answer questions of visitors, show them to classrooms for Church School.

Ushers should arrive 30 minutes prior to the start of service. Please be in touch with Roger Edinger 860-646-8984 if you would like to serve.

## October

- 6th Collins Judd  
Les VanDine
- 13th Jan Miller  
Barbara Judd
- 20th Barbara Judd  
Becky Harris
- 27th Tim LePore  
Harry Arendt



## Responsibilities of

Counters: Counters work in teams of two and are responsible for counting the offering on Sunday morning directly following the worship service.

Any member interested in volunteering for this task should contact the church office or talk to any of the counters.



CHURCH

SUNDAY

CLOSING:

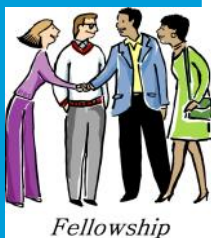
TRUSTEE

Members

# FELLOWSHIP TIME

Individuals and groups are invited to please volunteer and sign-up in the Memorial Room to provide fellowship refreshments after service on Sunday mornings.

*Thank you!*



## Responsibilities of providing Fellowship:

Bring a quart of whole milk for use with coffee and tea, and a healthy snack to share.

North Church is a NUT FREE zone.

Set-up coffee to brew, hot water for Tea and Hot Chocolate, a pitcher of juice, 2 containers of milk, and sugar/sugar substitute, napkins, and plates if needed. Fellowship is served after the service. Clean-up after fellowship time (approx. 11:50 am) includes washing out pots and containers and returning them to their place in the kitchen, and wiping down tables in the Memorial Room.

### Yoga Classes

Tuesdays at 2:00 pm and Thursday nights from 7-8 pm Please bring a mat (if you have one) and a towel for your head. Both men and women are invited to attend. This is an all



levels yoga class at the North United Methodist Church in Manchester. Class will be focused on deep stretching, breathe work and more gentle movements and will incorporate chair yoga as well. Class is \$5 cash. Colleen is the instructor: 860-214-8093

### Shopping with Scrip— shop with gift cards OR give gift cards.

#### Either way you'll support NUMC!!

Order any Sunday morning and receive them the following Sunday or check out what we have on hand in stock!

If everyone were to participate by simply purchasing store cards for their weekly grocery budget—the church would benefit greatly with

**NO additional cost to you.** Not to mention other regular purchases—gas, drug stores, restaurants, fast food, etc.

*100% Participation in SCRIP is the goal!*

Scrip is Fundraising While You Shop!™



### Men's Fellowship Breakfast

Saturday, October 21

8:00am at BUMC

### MACC Food Pantry 2019

#### Shopping List:

Lentils \* Dry Red Kidney Beans \* Cereal \* Canned Meats (tuna, chicken, ham & beef stew) \* Peanut butter \* Pasta & Sauce \* Canned Veggies & Fruits \* Low Sodium Soup \* Chili \* Healthy Snacks for Children \* Jam/Jelly \* Rice \* Condiments (mustard, ketchup, mayo, salad dressing, etc.)

Toilet Tissue \* Paper Towels \* Diapers \* Laundry Detergent \* Feminine Products \* Toothpaste \* Tooth Brushes \* Soap \* Dish Soap \* Baby Wipes \* Cleaning Products \* Deodorant

*\*We always need paper and plastic grocery bags, clean plastic bottles with tight fitting lids, freezer bags and egg cartons.*

*Thanks to all who have been faithfully donating!*



### Choir Rehearsals Wednesdays

PrISM Praise Band at 6:15pm

Chancel at 7pm

Come join in the fun!!!

New members are always welcome!

Requirements: love music, love to sing or play an instrument.

*Ability to read music is NOT required!*

Please speak to Chris Collins with any questions.



### Online Giving



Online giving is now available at:

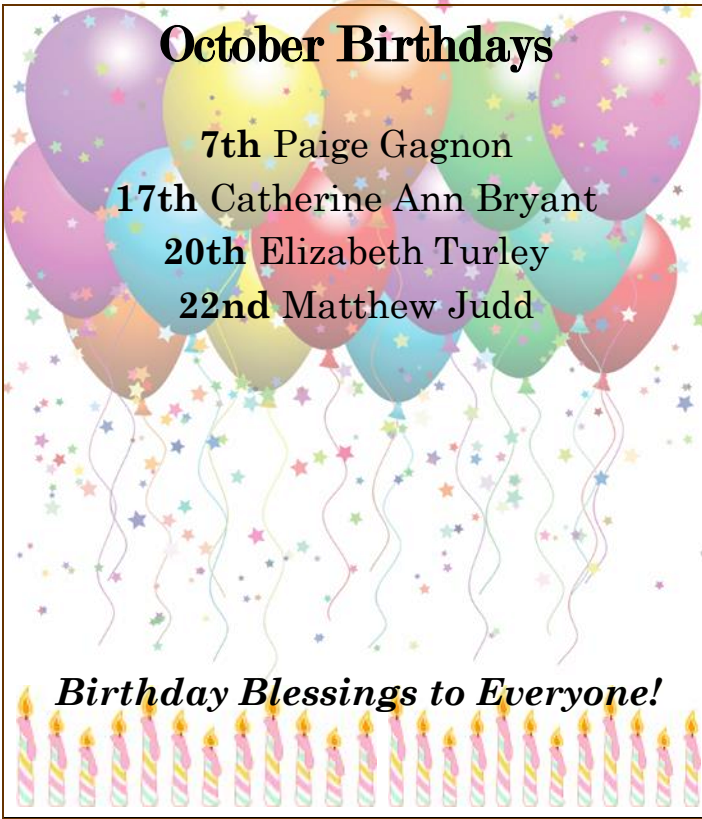
<http://www.simplechurchgiving.net/northumc>

or scan the QR code shown below to go to the site. Set up an account and conveniently

schedule your routine giving. Never miss another month or have to remember your checkbook. One time donations can be made as well. Selecting 'Bank Account' rather than 'Credit Card' costs NUMC the least in fees, but of course all donations are welcome.

*Please contact us if you have any questions about online giving. Thank You!*





**October Birthdays**

7th Paige Gagnon  
 17th Catherine Ann Bryant  
 20th Elizabeth Turley  
 22nd Matthew Judd

**Birthday Blessings to Everyone!**



**FELLOWSHIP OF CONCERN**

Crystal Price, Dottie Allen, Jean Derby, Jenna & Patty, Nellie, Ruth Mancell, Mary, Marian, Mike & Dorothy Thompson, Liz, Sarah & Friends, Ray Johnson, Austin,

Decency Wins, Sue L. Alisa Smith, Betty Boop, Nichols Family, Joan & Charles Nichols, Mark Fitzgerald, Greg Sholomicky, Carol Haviland, Judy Parlee, Jack Stroup, Stephanie Oppon-Kunty, Cindy & Carl Lepack, Doris & Ed, Sara Miller, Florence, Gary Chappell, Jon Scoville, Ron Starkweather, Wayne Zorger Sr. Melissa Lepack, JanMarie, Robert, Kevin Saint Hilaire, Susan Fenn, Jack Benton, Diana Custer, Walter Johnson

**Prayers for Cancer:** Sheila, Ann, Beth, Elliot, Betty, Nick, Rachael, Charlotte, Ted,

Janet, Muriel, Miriam, Anita, Garry, Lena, Jane, Jennifer, Judy, Joan, Myia, Tracy, Jean, Deb, Jenn, Rose, Jeffrey, Jackie, Diane, Ray, Cindy, Terry, Robin, Sheena, Geoff, Tricia, Marilyn, Dave, Henriette, Tom



**NORTH UMC will host BLOOD DRIVES  
 October 10th and 24th**

DONORS URGENTLY NEEDED. CALL 1-800-GIVE LIFE  
 (1-800-448-3543) to schedule an appointment.

Volunteers are needed to monitor the building during the drives.

Please sign-up in the Memorial Room to help out.



Questions may be directed to Rev. Martin.



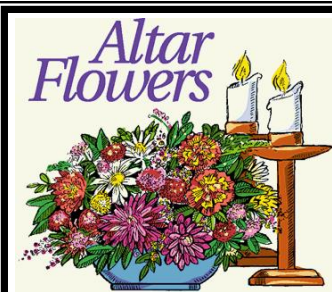
**\*REMINDER**  
 Please wear name tags  
every Sunday.

*Anyone in need of a name tag, please note it on the back of your attendance slip on Sunday morning and one will be made for you.*



Ad Council Meeting

**Be vigilant for the next date!**



Flowers are a wonderful way to acknowledge the Memory of a Loved One or to Celebrate a special person or occasion. Consider what you may have to offer, fresh and seasonal are especially nice. *Forms are available in the Memorial Room to make such requests.*

If you have any questions or prefer to order by phone, please contact Susan Fenn 860-729-6446

## Introducing WAMS (Wellness And Multiple Sclerosis)!



National  
Multiple Sclerosis  
Society

WAMS is a positive and affirming group that focuses on living well with MS. This group is co-led by North Members Heidi Lenhardt, National MS Society Support Leader and Vickie Hadge, Overcoming MS (OMS) Ambassador. If you are newly diagnosed, have been living with MS for years, or are an MS care partner WAMS welcomes you! WAMS is a friendly, non-judgmental and safe place where privacy is protected. No matter where

you are on your MS wellness journey we encourage members to “do whatever it takes” to live well to be the healthiest they can be while living with MS.

Please join us on from **4:30 to 6:00** on **October 13th** where our discussion topic will be Whole Food Plant Based eating with guest speaker Linda Byam; health/nutrition coach

<https://overcomingms.org/community/find-support/>.

If you have questions please speak with or email  
Vickie [vlhadge@yahoo.com](mailto:vlhadge@yahoo.com) or Heidi [wellnessandms@yahoo.com](mailto:wellnessandms@yahoo.com).



## STUFF THAT MATTERS

**October 26th at 5:00pm Salem Trip???**

Pastor Dave invites young adults ages 20-34 to join him at North UMC.

Cook together, eat together and clean up together as we discuss *STUFF THAT MATTERS* to you!

# YOUNG ADULTS

## VOLUNTEERS NEEDED!

Please be sure to check the sign up sheets in the Memorial Room. Each month there are opportunities to be an **Usher**, provide **Fellowship**, and to monitor the building during **Blood Drives**.

Contacts for more information are as follows:

**Ushers:** Paula Smith/Roger Edinger

**Fellowship:** Marlene Camper

**Liturgists:** Barbie Turley

Or you can speak with our **Lay Leader:**

Jessica Smith

*Thank you for your consideration!*

*Sign-up sheets are in the Memorial Room.*

## The Knitting Ministry

The Knitting Ministry's next meeting for the season will be on Monday 10/7 from 1:00 to 2:30 pm in the Memorial Room. The rest of the Fall Schedule is as follows 10/21, 11/04, 11/18, 12/02, 12/16.



We enjoy making baby items and will donate to the Family Circles program at the Manchester Memorial Hospital. This program provides prenatal care, education/parenting skills and support to young women in need. Our group is open to all with or without yarn skills.

We have crochet hooks, Knitting needles, and our patterns are easy. Come and join us from 1:00 pm to 2:30 pm in the Memorial Room.

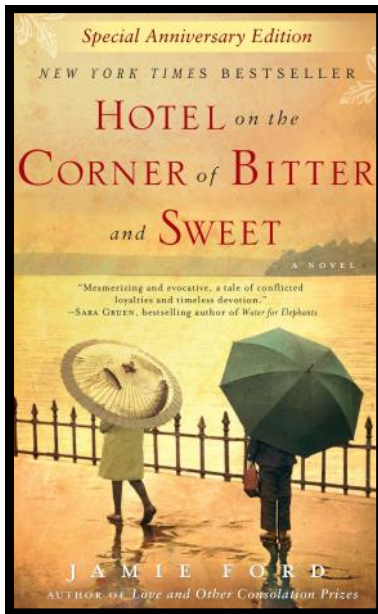
Contact: Paula Adamczyk [anthony.adamczyk@snet.net](mailto:anthony.adamczyk@snet.net)  
or Susan Derby [susanderby@cox.net](mailto:susanderby@cox.net) with questions.

## Do you have a spare bicycle????

**NEEDED:** A gently used bicycle for a 13 year old boy.

Contact Jackie at 860-646-5724

Thank you!!



### The North Church Readers

Our second selection of our new season is called *Hotel on the Corner of Bitter and Sweet* by *Jamie Ford*. Set during one of the most conflicted and volatile times in American history. Jamie Ford has created an unforgettable duo in Henry and Keiko. Their story teaches us commitment, enduring hope, and the power of forgiveness, and the endurance of the human heart.

**Discussion will follow the church service on**

**October 20.**

We meet in the library directly after church. Grab your coffee or tea and join us for a good discussion and good friendship. Hope to see you there!

**See Jackie if you have any questions.**

### Choir Resumes and Welcomes YOU



We have resumed meeting on Wednesdays at 6:20 pm for PrISM singers and band members and 7:00 pm for Chancel choir singers. Sunday mornings from 9:30 to 10:15 we also meet before worship service for more rehearsal and to accommodate those who can not make Wednesday nights. We welcome new people who are considering being part of our ministry and continue to seek out those interested in sharing their talents and passions with our congregation, be they musical, dramatic

readings, or interpretive dance.

One of the overarching themes during the ministry of Jesus Christ was the idea of 'doing' rather than 'watching others doing'. Many accounts of the intercession of the Holy Spirit resulted in the people who were visited participating communally in worship with passion and presence. Some of the most vibrant churches today embrace the message that worship isn't a 'spectator sport' but one where we all actively share in our witness of the power of the Christ in our lives.

One needs not be an experienced singer, poet or artist to share what they are passionate about. To 'love to tell the story' is enough. So please consider finding a way to 'shout it from the rooftops' and use those innate gifts which God entrusted you to use well.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
		2:00 Yoga 6:15 SPRC 7:00 Meditation	6:20 Prism 7:00 Chancel Choir	7p Yoga		
6	7	8	9	10	11	12
10:30 Worship w/Sunday School 11:30 Fellowship	1 pm Knitting Ministry  	2:00 Yoga 7:00 Meditation	6:20 Prism 7:00 Chancel Choir	7p Yoga  		
13	14	15	16	17	18	19
10:30 Worship w/Sunday School 11:30 Fellowship 4:30p MS Support Group	<b>Tidings Submission Deadline</b>	2:00 Yoga 7:00 Meditation	6:20 Prism 7:00 Chancel Choir	7p Yoga		
20	21	22	23	24	25	26
10:30 Worship 11:30 Fellowship <b>Rally Sunday after Worship</b>	1 pm Knitting Ministry  	2:00 Yoga 7:00 Meditation	6:20 Prism 7:00 Chancel Choir	7p Yoga  		8:00 am Men's Fellowship Breakfast at BUMC <b>5:00 pm Stuff That Matters?</b>
27	28	29	30	31		
10:15 Hymn Sing 10:30 Worship w/Sunday School 11:30 Fellowship <b>Trunk or Treat</b>  		2:00 Yoga 7:00 Meditation	6:20 Prism 7:00 Chancel Choir	7p Yoga  		

North United Methodist Church  
300 Parker Street  
Manchester, CT 06042

Address Service Requested



North United Methodist  
300 Parker Street  
Manchester, CT 06042

Pastor: David J. Martin

*Worship the Lord in the  
splendor of his holiness!*

1 Corinthians 16:29

Phone: 860-649-3696  
E-mail: northchurch@snet.net  
Web-Site: <http://numc.axelhouse.com>

New England Conference  
Web-Site: <http://www.neumc.org>

CHOIR WARM UP

9:30 am

NURSERY—upon request

10:15 am—11:45 am

WORSHIP

10:30 am Worship,  
Youth and Children's Sunday  
School, One-Room for Summer

FELLOWSHIP

11:30 am

SUNDAY SCHOOL

Children attend the beginning of  
the service at 10:30 am and then  
proceed to class following the  
Children's Time. Classes dis-  
miss at 11:45 am.

**10:30 am**

**Worship**

COMMUNION  
SUNDAYS

The first Sunday of each month  
is Communion Sunday, at  
which time the children will  
begin in Sunday School classes  
and then attend church with  
their families in corporate  
worship at the time for  
communion and will remain  
until the conclusion of service.

For over 200 years,  
North UMC has pro-  
claimed the good news  
of Jesus Christ to the  
people of Manchester  
CT. We invite you to  
join us for worship on  
Sunday mornings.

*A warm welcome  
awaits you!*

**As followers of the teachings of Jesus Christ,  
North United Methodist Church strives to be  
an inclusive community. We welcome, respect  
and celebrate persons of every race,  
ethnicity, gender identity,  
sexual orientation, national  
origin, ability, family  
status, age and economic  
circumstance. We want  
you to feel at home and  
know that you belong  
here.**

