



Special points
of interest:

Rise Against
Hunger

Page 2, 3

MACC Needs

Page 3

Service
Opportunity

Page 3

WAMS

Page 5

Knitting
Ministry

Page 5

Prayer Corner

Page 5

North Church
Readers

Page 6

Calendar of
Events

Pages 7

See, I am bringing you good *tidings* of great joy for all the people...Luke 2:10

TIDINGS

Volume 25 issue 5

May 2025



Easter has passed, and like many of you, my social calendar has started fill up with the warm weather. There was a time in the church (centuries ago) when Easter was the big I important holiday, and Christmas was nice but not the big commercial event it is today. You might think that with Advent and the “Twelve days of Christmas” that our forbears spent even more time celebrating Christmas than they did. The early church patriarchs Justin Martyr and Tertullian wrote that every Sunday was a celebration of the resurrection. The entire reason Christians worship on Sunday verses Saturday is because it commemorates the resurrection... every week. They “broke bread” at every Sunday service, and not with a morsel and a sip, but with a hearty meal, with laughter, with joy and thanksgiving in their hearts for what Christ has done; for the life-giving victory of His resurrection.

Spring and summer are not a time to forget about resurrection, but an opportunity to revel in it. The slumber of winter’s death is broken, and new life springs forth from the earth. Animals cease their hibernation, birds return, and the days are long and full of light. I hope you will see this post Easter time as an opportunity to reflect on resurrection; Christ’s, the Earth’s, and your own. God’s grace gives new life to each of us, and so we are reborn and flush with new life.

Thanks be to God!

Pastor David J. Martin



Are you curious about eating a more Whole Food Plant Based Diet?

Whole Food Plant Based (WFPB) eating is a wonderful way to nourish our bodies with natural, nutrient-dense foods that can help us to lower the risk of many diseases and improve our health and well-being. Eating well is an important part of the stewardship of our bodies and the planet.

Please join us for a four-week introduction to Whole Food Plant Based eating. Topics will include:

- What is Whole Food Plant Based eating? (Versus Vegetarian or Vegan)
- Nutrients that support optimal health & where to get them.
- Tips to help incorporate more plants into your diet.
- Sample menus will be provided
- And we will sample some delicious and easy recipes!

This no-cost course will run on Mondays from 6:00pm-7:00pm ET at NUMC May 12 & 19 (skipping May 26- Memorial Day) June 2 & 8.

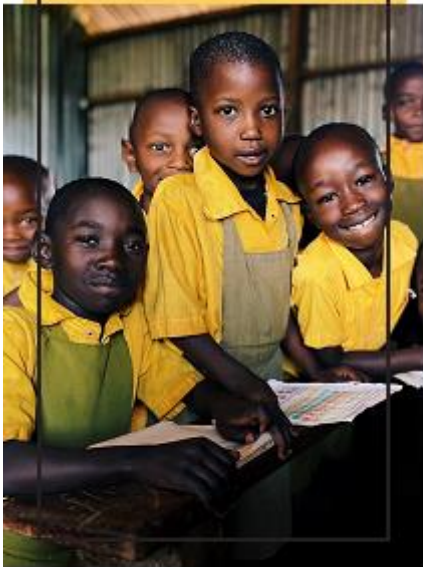
Please see the sign-up sheet in the Memorial room or email Vickie at vickie.hadge@gmail.com to reserve your spot!



2024 Impact Report

Rise Against Hunger works in countries worldwide to fight hunger, targeting communities facing high rates of food insecurity. We provide volunteer-packaged meals and other assistance, often through school feeding programs, to support nutrition, education and health for children and families facing hunger right now. We also partner with local leaders to implement sustainable agriculture and income-generating projects that support long-term solutions to food security and empower communities to become self-reliant and thrive.

9,470,241
lives impacted



41
countries served

Burkina Faso | Burundi | Cambodia | China | Democratic Republic of the Congo | Dominican Republic | France | Greece | Haiti | Honduras | India | Indonesia | Italy | Kenya | Madagascar | Malawi | Malaysia | Mali | Moldova | Nicaragua | Niger | Philippines | Poland | Sierra Leone | Singapore | Slovakia | Somaliland | South Africa | South Korea | South Sudan | Spain | Taiwan | Tanzania | Thailand | Timor-Leste | Uganda | Ukraine | United States | Vietnam | Zambia | Zimbabwe



54.3
million meals
PACKAGED



281,125
volunteer
ENGAGEMENTS



2,139
metric tons
**FOOD PRODUCED/
PROCURED**

IT STARTS
WITH A *meal*

Our community of Hunger Champions have made it possible for Rise Against Hunger to continue our vision of a world without hunger by empowering communities and paving the way toward brighter futures, one meal at a time. It starts with a meal® — and it starts with you. riseagainsthunger.org/give

MACC Services

The **Community Kitchen** is open, giving out hot lunches on Tuesdays, Wednesdays & Thursdays. Bag lunches are available on Mondays, Fridays & Saturdays. Lunch is served between **11:30am & 12:45pm** each day (no appointment necessary). You can reach the kitchen @ **860-647-8003 x 21**

The **Community Emergency Food Pantry** provides groceries by appointment only. Please call **860-647-8003 x 28**

The **Community Threads Thrift Shoppe** hours are Mon through Fri 10am – 2pm and Sat 10am – 1pm
860-647-8003 x 29

The **Community Outreach and Emergency Services** provides weekly showers and laundry availability to Manchester unsheltered residents.
Wednesday: Men's Showers(10:00 A.M. – 12:30pm)
Thursday: Women's Showers(10:00 A.M. – 12:30pm)
Showers are limited to **15 minutes** and are on a first come first serve basis. Towels, soap, shampoo, shaving products provided.
The **last shower** is at **12:15 pm**.

Laundry is by **appointment only**. Laundry is limited to **1 load per appointment**. Laundry detergent will be provided.

For any other Outreach Emergency needs or to make an appointment, please call **860-647-8003 x 131**

For information on **Volunteering**
Please call **860-647-8003 x 112**

Food Donations can be dropped off at the Community Emergency Food Pantry, located at 460 Main St. in Manchester, CT

Please only drop off during donation hours (or call to schedule a time).

Drop off donation hours are:

Monday: 9:00 am – 3:00 pm

Tuesday: 9:00 am – 5:00 pm

Wednesday: 9:00 am – 1:30 pm

Thursday: 9:00 am – 5:00 pm

Friday: 9:00 am – 2:00 pm

For all other donations, please call 860-647-0440.

A list of items that are always in need can be found at <https://macc-ct.org>

All products must be unopened and within expiration dates.



We've teamed up with South UMC to support Rise Against Hunger, and we **need your help!**

We're looking for 10 volunteers to help pack meals. We need donations to help cover the cost of supplies and shipping, just indicate 'Rise Against Hunger' on your donation.

Event Date: Saturday, May 31

10:00am-12:00pm

Help us reach our goal and make a real impact. Whether you can give your time, your money, or both – you'll be helping to feed those in need across the globe.

Sign up today in the Memorial Room and join us in the fight against hunger!

May Birthdays

5th Sarah Flaherty

14th Jane Hopkins

18th Sue Derby

Mike Geres

Cindi Gilligan

22nd Paige LeBlanc

29th Anita Baten

30th Jim Williamson

Birthday Blessings to Everyone!

Ad Council Meeting



TBD

Making Music Together

Come join our choir and/or praise band! We rehearse from 7 to 8:30pm on Wednesdays and welcome more singers, instrumentalists: we have drums, guitar, bass, trombone, flute, etc, you name it, but need **you**, as sometimes we have to pick and choose with limited people. It is fun and fulfilling making music together, as well as a real sense of community and worship on our Wednesday evenings.

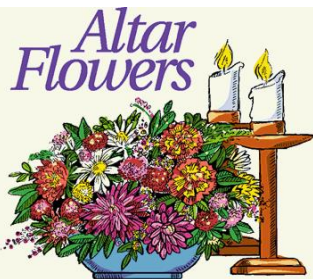


NORTH UMC will host BLOOD DRIVES

May 1st, 15th and 29th

DONORS URGENTLY NEEDED. CALL 1-800-GIVE LIFE (1-800-448-3543) to schedule an appointment, or sign up online. **Volunteers are needed to monitor the building during the drives.**

Questions may be directed to Rev. Martin.



Flowers are a wonderful way to acknowledge the Memory of a Loved One or to Celebrate a special person or occasion. Consider

what you may have to offer, fresh and seasonal are especially nice. *Forms are available in the Memorial Room to make such requests.*

If you have any questions or prefer to order by phone, **please contact Makayla Houle at 860-707-6895**

Online Giving

Online giving is available at:

<http://www.simplechurchgiving.net/northumc>

or scan the QR code shown below to go to the site. Set up an account and conveniently schedule your routine giving. Never miss another month or have to remember your checkbook. One time donations can be made as well. Selecting 'Bank Account' rather than 'Credit Card' costs NUMC the least in fees, but of course all donations are welcome.

Please contact us if you have any questions about online giving. Thank You!



Overcoming MS - Manchester, CT Circle

This MS support group focuses on living well with MS using the Overcoming MS program that includes diet and lifestyle changes in addition to medications. This group is open to people with MS and their care partners.

The group typically meets on the third Monday of the month at 5:30pm and alternates between Zoom meetings and face to face meetings at local restaurants or parks.

Please reach out via email to Vickie Hadge at vlhadge@yahoo.com for more details!



Knitting Ministry

We crochet and knit prayers shawls, hats and scarves for our MACC friends, lap blankets for the John A. DeQuattro Cancer Center and baby blankets, etc. for the Family Birthing Center at the Manchester Memorial Hospital.

Our prayer squares are shared in person and/or mailed to those dealing with little or big struggles in life. Sometimes knowing that others are thinking about you or praying for you makes all the difference in the world. Our group is open to all with or without yarn skills.

Please join us on the 1st and 3rd Monday of each month: 1:00- 2:30 PM at NUMC. The Knitting Ministry Meeting Schedule for Spring 2025 is as follows: 5/5, 5/19, 6/2, 6/16

Contact: Paula Adamczyk anthony.adamczyk@snet.net or Susan Derby susanderby@cox.net with questions.



Prayer Corner

Luke 11:1 “When he finished one of his disciples said to him, ‘Lord, teach us to pray ...’”

What follows is Jesus giving His disciples the prayer that begins “Our Father ...,” but that is just the beginning of the lesson. There is so much more to it! As you read through the gospels, you can see Jesus praying on numerous occasions, out loud and silently. Jesus didn’t just teach them *how to pray* but also *He taught them to pray, by modeling that regularly. He prayed on mountain tops and at Lazarus’ tomb and in the Upper Room and while He was dying on the cross.*

My intention for this series is for us to help each other to pray. Let’s share how we pray, and how God has answered our prayers. Let’s inspire each other, so our prayer time is interesting to us and not a chore. May it be more like a couple young friends sitting on a bed talking at a sleepover, like old friends walking through the woods going from one topic to another, like dear friends sorting things out over coffee.

I have so many thoughts I want to share with you, and you have so much to teach me! I’m really trying to keep this short, but it’s such a vast topic and so important for each of us and all of us together! So, this month I have one suggestion for something to try: have you ever spent time praying on your knees? I find it helps me focus and quiet distractions, and when my mind does wander, my position helps me to draw myself back to what I want to be doing. How about you? Talk to me about your prayer time! I’m really interested!

Peace,
Barbie Turley



North Church Readers

Our book discussion for Our next book selection will be led by Judy Galligan and is scheduled for Sunday, May 18, 2025 after church. Books are available in a marked section of the reference room of Mary Cheney library. We will be discussing *Beyond That, The Sea* by Laura Spence-Ash. A sweeping, tenderhearted love story, *Beyond That, the Sea* by Laura Spence-Ash tells the story of two families living through World War II on opposite sides of the Atlantic Ocean, and the shy, irresistible young woman who will call them both her own. As German bombs fall over London in 1940, working-class parents Millie and Reginald Thompson make an impossible choice: they decide to send their eleven-year-old daughter, Beatrix, to America. There, she'll live with another family for the duration of the war, where they hope she'll stay safe. Scared and angry, feeling lonely and displaced, Bea arrives

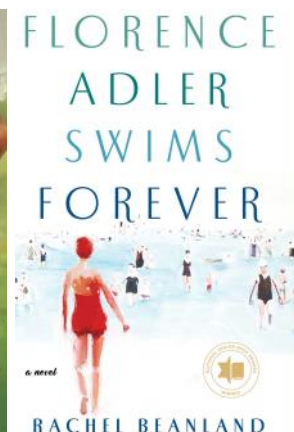
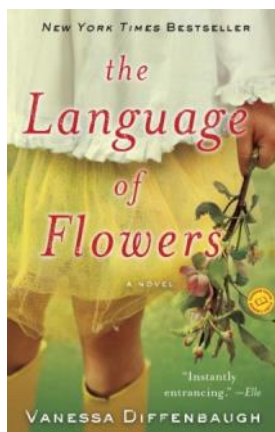
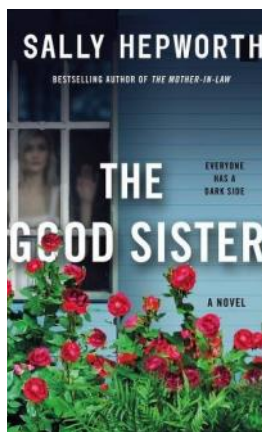
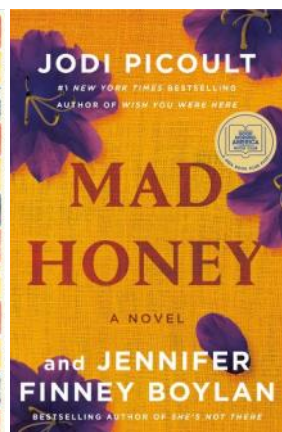
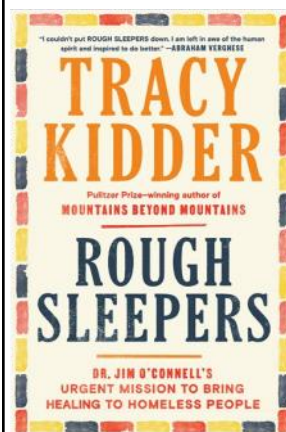
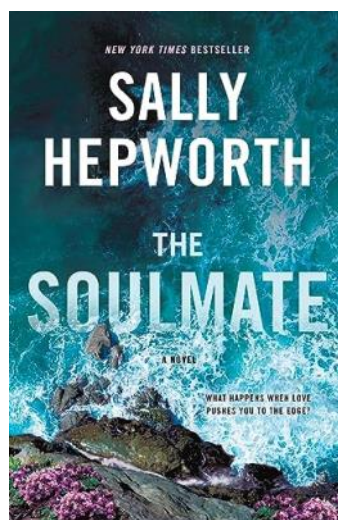
in Boston to meet the Gregorys. Mr. and Mrs. G, and their sons William and Gerald, fold Bea seamlessly into their world. She becomes part of this lively family, learning their ways and their stories, adjusting to their affluent lifestyle. Bea grows close to both boys, one older and one younger. Soon life with the Gregorys feels more natural to her than the quiet, spare life with her own parents back in England.











As Bea comes into herself and relaxes into her new life—summers on the coast in Maine, new friends clamoring to hear about life across the sea—the girl she had been begins to fade away, until, abruptly, she is called home to London when the war ends.

Desperate as she is not to leave this life behind, Bea dutifully retraces her trip across the Atlantic back to her new, old world. As she returns to post-war London, the memory of her American family stays with her, never fully letting her go, and always pulling on her heart as she tries to move on and pursue love and a life of her own.

The North Church Readers is a group open to men and women who like to read and meet together monthly to discuss a book selected in advance by group members. Some are fiction, some non fiction, some serious, some more light-hearted. A different member leads discussion each month. It is great fun to discuss the huge variety of topics that arise. Book selections are available each month at the Mary Cheney library. Meetings are held at church the third Sunday of the month following morning worship. Everyone is welcome to join in!

Some recent books we have read:



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
						
4	5	6	7	8	9	10
10:30 am Blended In-Person and ZOOM Online Worship	1 pm Knitting Ministry 		7:00 pm Choir Rehearsal 			
11	12	13	14	15	16	17
10:30 am In-Person and ZOOM Online Worship	6p Whole Food Plant Based (WFPB) Eating		7:00 pm Choir Rehearsal 			
18	19	20	21	22	23	24
10:30 am Blended In-Person and ZOOM Online Worship 11:30 North Church Readers	1 pm Knitting Ministry  6p WFPB Eating		7:00 pm Choir Rehearsal 			
25	26	27	28	29	30	31
10:30 am Blended In-Person and ZOOM Worship			7:00 pm Choir Rehearsal 			10:00-12:00 Rise Against Hunger at South UMC

North United Methodist Church
300 Parker Street
Manchester, CT 06042

Address Service Requested



North United Methodist
300 Parker Street
Manchester, CT 06042

Pastor: David J. Martin

*Worship the Lord in the
splendor of his holiness!*

1 Corinthians 16:29

Phone: 860-649-3696
E-mail: northchurch@snet.net
Web-Site: <http://numc.axelhouse.com>

New England Conference
Web-Site: <http://www.neumc.org>

CHOIR WARM UP

9:30 am

NURSERY—upon request

10:15 am—11:45 am

WORSHIP

10:30 am Worship,
Youth and Children's Sunday
School, One-Room for Summer

FELLOWSHIP

11:30 am

SUNDAY SCHOOL

Children attend the beginning of
the service at 10:30 am and then
proceed to class following the
Children's Time. Classes dis-
miss at 11:45 am.

10:30 am

Worship

COMMUNION
SUNDAYS

The first Sunday of each month
is Communion Sunday, at
which time the children will
begin in Sunday School classes
and then attend church with
their families in corporate
worship at the time for
communion and will remain
until the conclusion of service.

For over 200 years,
North UMC has pro-
claimed the good news
of Jesus Christ to the
people of Manchester
CT. We invite you to
join us for worship on
Sunday mornings.

*A warm welcome
awaits you!*

**As followers of the teachings of Jesus Christ,
North United Methodist Church strives to be
an inclusive community. We welcome, respect
and celebrate persons of every race,
ethnicity, gender identity,
sexual orientation, national
origin, ability, family
status, age and economic
circumstance. We want
you to feel at home and
know that you belong
here.**

